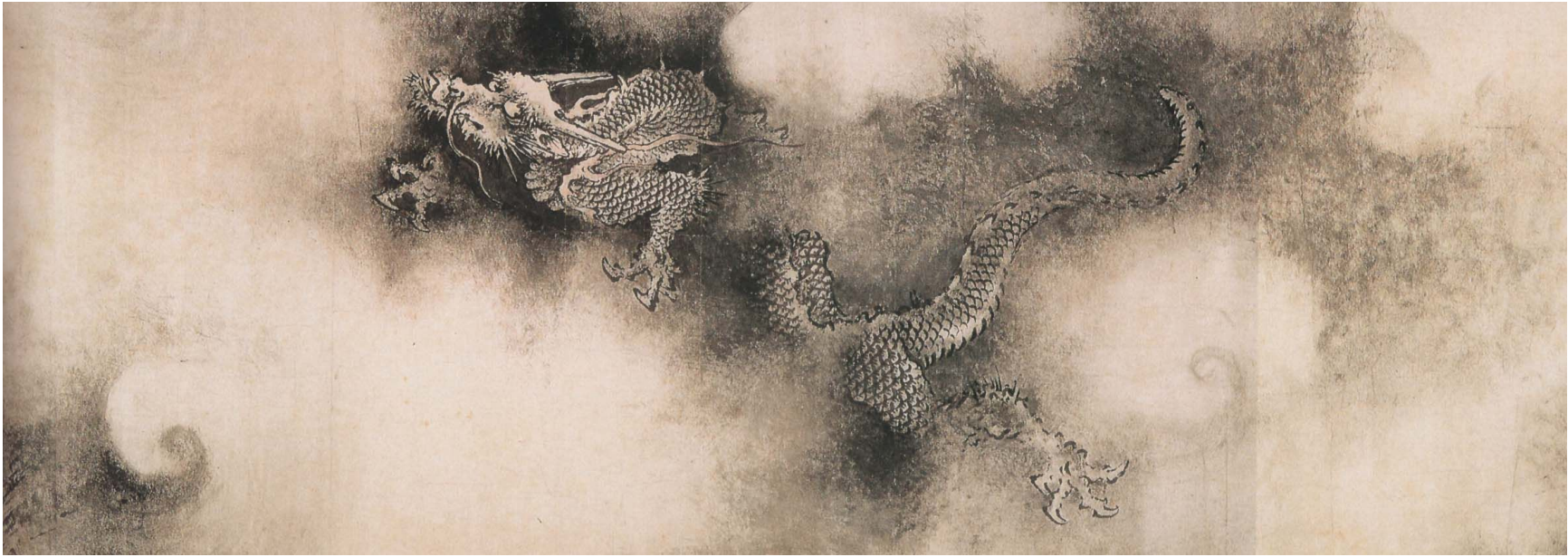


The Old Dragons Investigate

Embodying the Eightfold Path



The Eightfold Path is a foundational Buddhist teaching offering precise, sweeping possibilities for embodying ethics, awareness, and radical acceptance in daily life and spiritual seeking. You are invited to join the Old Dragons Club, a nonsectarian women's group in the Buddhist traditions, as we embark on a co-created nine-month series of meditation, Dharma teaching, conversation, study, and potluck community dinners. Each month, participants will engage with the Path as it is showing up in their own lives. We will choose, share, and produce study materials (books, talks, essays, texts) to support our inquiry.

Facilitator: Julie Püttgen, founder of the Old Dragons Club, is an artist, educator, expressive arts therapist, and former Buddhist nun who teaches widely at the intersections of creative and contemplative practice. Her work is online at www.108namesofnow.com.

Dates: Sundays February 9th, March 22nd, April 26th, May 24th, June 14th, and four more meetings TBD.

Times: We will meet around dusk for meditation practice and discussion, followed by a potluck dinner.

Locations TBD around the Upper Valley: We will gather at Julie's Lebanon studio and in participants' homes (as and if desired).

Cost: In lieu of donations to the facilitator, participants are invited to support the Path-supporting non-profit(s) of their choice.

RSVP/Questions: To register, or for more information, please contact Julie: horsefox@108namesofnow.com or 802.727.0494